

GRANBY REC. SPONSORED

# COMPLETELY FIT WORKOUT CLASSES!



## MONDAYS



- 7:45 AM - Cardio/Strength Circuit with Suzi
- 10:00 AM - Fit For Life with Suzi
- 5:15 PM - Never Miss a Monday with Anita

## TUESDAYS

- 8:00 AM - SOULfusion with Anita

## WEDNESDAYS

- 7:45 AM - Cardio/Strength Circuit with Suzi
- 10:00 AM - Fit For Life with Suzi
- 5:15 PM - Work it All with Anita

## THURSDAYS

- 8:00 AM - SOULfusion with Anita
- 5:30 PM - Zumba with Yolanda

**ALL FITNESS  
LEVELS WELCOME**

**\$50 FOR 8 PUNCH CARD  
\$10 DROP IN**

- All classes held at the Granby Community Building (129 3rd St.).
- New participants - your 1st class is free with purchase of a punchcard!
- Punchcards can be purchased (cash or check), at class. No pre-registration needed!

## FOR MORE INFORMATION:

- Town of Granby Rec. Department,  
970-887-3961

